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Module 5 - Lifeboat Exercises

Unit 5.1 - Introduction

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The learning objectives

By the end of this module, participants will be able to:

- Explain the Lifeboat Exercise as a co-design learning methodology
- Identify contexts, purposes, and competencies aligned with the methodology
- Apply Lifeboat Exercises to different learning scenarios
- Design a learning activity using Lifeboat exercises
- Access and adapt external resources and good practices

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Lifeboat Exercises

What are they?

Scenarios in which there are less positions available than there are candidates to fill them.
How do we choose who these spots go to?
Lifeboat exercises encourage the following process:

01-Reflection

02-Debate

03-Critical thinking

04-Informed decision making

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Why Lifeboat?



The original setting for this exercise calls for participants to defend why they should be the one to take up the last spot on a lifeboat.

This setting can be replaced with a more fitting scenario depending on the context of the exercise.

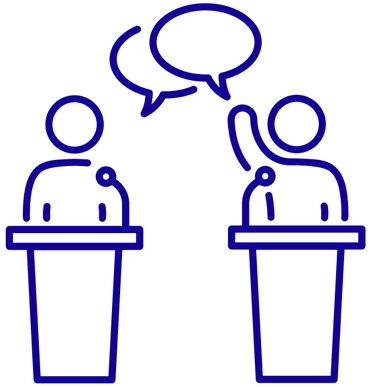
Purpose of the Exercise

01 - Reflection



- Students get a chance to reflect on their and other's ideas, spend time evaluating quality, originality, usefullness.
- Students are encouraged to think about how different skills best serve different goals.

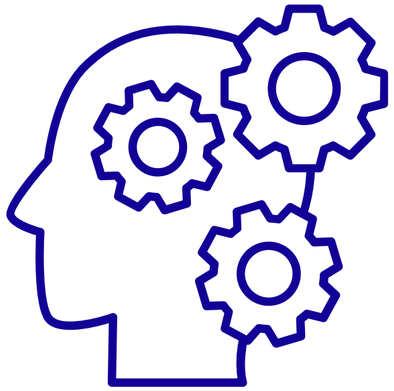
02 - Debate



- Students get a chance to defend their idea/project/position, coming up with valid arguements and presenting them to their classmates
- Students go through the process of identifying flaws/weaknesses in their classmates ideas or arguments.

Purpose of the Exercise

03 - Critical Thinking



- Students are encouraged to think about all the different pros and cons of the specific circumstance and evaluate the best path forward.

04 - Informed Decision-Making



- At the conclusion of the exercise, students are in a position to make informed decisions based on facts and arguments, instead of supporting a choice due to other factors such as friendship or rivalry, personal preferrence, etc.

Additional resources

You may spend some time on watching the following video on the link below

https://www.youtube.com/watch?v=ZdoW5VoEOYQ

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You have completed Unit 5.1

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